

**MINUTES OF PATIENT PARTICIPATION GROUP MEETING
AT EASTFIELD HOUSE SURGERY
Thursday 27th July 2018 at 6.30 pm**

Present: Dr Matthew Degnan, GP partner
Jane Edwards, Lead Practice Nurse
Alison Ebbatson, Reception Manager
Liz Pope, Practice Manager

10 patients attended

1. Welcome & Introductions

Matt welcomed everyone to the meeting and thanked them for attending.

2. Practice Update

Julia Anderson has now stepped down as practice manager but is still working at the practice, two days a week. Liz Pope took over as the new practice manager on 1st July 2018 and is settling into her new role.

Matt confirmed that Dr Yasmin Ohlsson would be happy to give a talk at the next PPG meeting in October on lifestyle medicine. This is something that she specialises in and it was felt that patients may find this interesting and motivating.

3. Patient Participation Group (PPG)

Gill was pleased to announce that the money raised so far from the recent play, London Suite is £198.65, about £30 of which was made from the raffle. Gill was hopeful that we are going to receive some additional money from the dramatic society. Annie explained that when the society take a play on tour, the profit from all proceeds gets split between the charities. One venue had run a bar and she thought there was at least £50.00 of that money would come to the PPG. Annie thought it worth mentioning that St John's Church did not charge them to use the church as a venue so it would be worth asking if we could use this again.

Gill thanked Annie, Graham and the rest of her PPG colleagues for all of their help in bringing this very successful fundraising event together. Matt also expressed his gratitude on behalf of the surgery to everyone who had helped to make the play possible and for their continued support. Annie said the dramatic society would be pleased to do something similar next year to support Eastfield House for which we are all very grateful.

4. Patient Questions & Suggestions

How do GP surgeries link up with schools to provide advice on sport and nutrition?

GPs can refer patients to Activity for Health or Activate which is specific to age range and run from Northcroft Leisure Centre or Kennet Leisure Centre in Thatcham. It is recognised that exercise can help in many different ways, including weight loss and mental health, but currently GPs do not prescribe exercise. Matt spoke of his experience as a junior doctor where a consultant did write down instructions to patients about doing exercises to help with

rehabilitation and found that having it written down can have a more powerful affect in the motivation of exercise.

Are we all aware of the West Berkshire Therapy Centre in Thatcham?

This is a charity based rehabilitation centre near Francis Bailey School in Thatcham. The facilities are outstanding aimed at dealing with patients who suffer with a variety of conditions including fibromyalgia, Parkinsons and Stroke. There is an assisted gym, access to a physiotherapist and also a project running in the background to provide a hydrotherapy pool. Free parking on site is available and however, there is a suggested donation of £24.00 to contribute towards the use of the facilities. Matt was not aware of this facility but it was very useful to know of its existence as currently the waiting list for NHS physiotherapy is about 20 weeks.

Is there a possibility of finding missing medical records from 2002?

A patient emigrated to Spain in 2002 and came back to live in the UK some years later. On returning to the UK and registering with a GP surgery it was discovered that his paper records has gone missing. He was later told that they had been destroyed in a fire back in 2002.

Matt explained that computerised records started in 2002. Paper notes were not routinely scanned onto a database so unfortunately if the notes were held in central supplies back in 2002 it is quite possible that they have been destroyed in a fire.

On further investigation it would appear that medical records for patients in Berkshire and Oxfordshire, who were not currently registered with a GP in 2002, were destroyed in a fire in Southampton.

How far back can you view records with on-line access?

It used to be the case that patients were able to view their results on line as far back as their records went, however it would appear they can now only look back as far as the last 12 months. Liz confirmed that there had been problems with on-line access nationally but she thought things had resolved. She will look into this further.

Does my grandchild need an MMR when traveling to Turkey?

There are outbreaks of MMR at the moment but mostly in Europe however, it is advisable that all children have had two MMR vaccinations. These are usually given at age 12 months and 3 years 4 months.

Please could we buy some leg raisers for the two low chairs in reception?

Gill asked if we could buy some leg raisers with the proceeds of the money raised from the PPG for two of the very low chairs in reception. Liz will look into this.

5. Date of Next Meeting

Matt thanked everyone for attending on a hot sticky day and reminded everyone that when we meet in October we will be encouraging all of those eligible to book in for their flu vaccine. Jane added that the vaccines are ordered in March so we will have a good supply come September.

The date of the next PPG meeting is **Thursday 18th October 2018 at 6.30 pm.**

